



# The Appian Wayfarer

## El Sobrante Stroll

The El Sobrante Stroll takes place every year on the third Sunday of September. This year it will take place on **September 15**. ESUMC will have a booth, and an entry in the parade! There will be games and activities for the kids, lots of water and several sets of the music of the Kairos Band scattered throughout the day. Our booth will be located in front of Thrift Town. If you need a ride that can be arranged.

Our main focus that day will be the Stroll, and the witness to God's love that we will share with



the community. All members and friends of ESUMC are encouraged to spend as much time at the Stroll as they can, not just at the church's booth, but also strolling up and down the faire.

We could use a few more volunteers to help pass things out along the parade route.

There will be an abbreviated worship celebration at the church at 9 am for those who won't be worshipping at the Stroll.



## Let's Be Healthy Together!



**Here's a program that you may not be interested in, but you might know someone who would.** Life Line Screening, a leading provider of community-based preventive health screenings, will offer their affordable, non-invasive and painless health screenings at El Sobrante United Methodist Church on 10/12/2019. Five screenings will be offered that scan for potential health problems related to: blocked arteries which is a leading cause of stroke; abdominal aortic aneurysms which can lead to a ruptured aorta; hardening of the arteries in the legs which is a strong predictor of heart disease; atrial fibrillation or irregular heart beat which is closely tied to stroke risk; and a bone density screening, for men and women, used to assess the risk of osteoporosis. Register for a Wellness Package which includes 4 vascular tests and osteoporosis screening from \$149 (\$139 with our member discount). All five screenings take 60-90 minutes to complete. **In order to register for this event and to receive a \$10 discount off any package priced above \$129, please call 1-888-653-6441 or visit**

**[www.lifelinescreening.com/communitycircle](http://www.lifelinescreening.com/communitycircle)** or text the word circle to 797979

## Monthly Meetings

### for September:

- **Worship Committee** - Sun, Sept. 8, 7 PM, OR.
- **Plenary Admin Council** - Sun., Sept. 22, after Church, FR.

## Important Dates

- |                |                           |
|----------------|---------------------------|
| <b>Oct. 20</b> | Annual Church Conference  |
| <b>Oct. 23</b> | Lifetouch Photo Shoot, KH |



# SEPTEMBER Birthdays

- Sept. 1 - Ricki Walters, Madison McNutt
- Sept. 4 - Elaine Brennan, Marilyn Patterson, Linda Schneider, Dylan Renk
- Sept. 8 - Benjamin Abrams
- Sept. 9 - Jacob Garcia
- Sept. 10 - Karlyn Rahmgren
- Sept. 12 - Kimberly Sykes, Laura Horton
- Sept. 13 - Irv Bork, Ryan Collins
- Sept. 14 - Cory Slessinger
- Sept. 15 - Robert Abrams
- Sept. 17 - Pat Rockeman
- Sept. 18 - Marilyn Lomelino
- Sept. 20 - Jessica Neyhouse
- Sept. 22 - Emery Phillips
- Sept. 23 - Peggy Abrams
- Sept. 24 - Heather Garcia
- Sept. 27 - Carolyn Weishahn
- Sept. 28 - Steve McFarland
- Sept. 29 - Aaron Steiner



<b>ESUMC Financials</b>	
Through end of August 2019	
Income	\$157,467.99
Expenses	\$159,760.23
Shortfall	(\$2,292.24)



**A BIG THANK-YOU** to all those who helped and contributed to the Project-Ready-to Learn. This year we were able to collect **22 backpacks fully equipped**, plus **2 bags of extra supplies**.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p>10 AM <b>Worship, S</b> 11:30AM <b>Fellowship</b></p>	<p><b>2</b></p> <p>6:30 PM CS Pack 134, KH, FR, R1</p>	<p><b>3</b></p> <p>10 AM Painting Group, R1 4 PM <b>Faith Exploration</b> 6:30 PM Yoga, R1</p>	<p><b>4</b></p> <p>10 AM <b>Bible Study, R1</b> 11:30 AM <b>Motion Class, KH</b> 1 PM <b>Crafty Ladies, R1</b> 6:15 PM GS Leaders, KH 7 PM AI Anon, FR</p>	<p><b>5</b></p> <p>6 PM Yoga, R1 7:30 PM <b>Photo Club, R1</b> 7:30 PM <b>Trustees, OR</b></p>	<p><b>6</b></p> <p>11 AM <b>Motion Class, KH</b> 6:30 PM EBARC Class, R1</p>	<p><b>7</b></p>
<p><b>8</b></p> <p>10 AM <b>Worship, S</b> 11:30AM <b>Fellowship/ SPRC</b> 12 PM <b>Worship Committee, OR</b></p>	<p><b>9</b></p> <p>6:30 PM CS Pack 134, KH, FR, R1</p>	<p><b>10</b></p> <p>10 AM Painting Group, R1 4 PM <b>Faith Exploration</b> 6:30 PM Yoga, R1 6:30 PM CS Pack 134 Committee, FR,</p>	<p><b>11</b></p> <p>10 AM <b>Bible Study, R1</b> 11:30 AM <b>Motion Class, KH</b> 1 PM <b>Crafty Ladies, R1</b> 7 PM AI Anon, FR 7 PM Alateen, R1</p>	<p><b>12</b></p> <p>6 PM Yoga, R1</p>	<p><b>13</b></p> <p>11 AM <b>Motion Class, KH</b> 6:30 PM EBARC, KH</p>	<p><b>14</b></p> <p>10 AM <b>Blessing Closet, R2</b></p>
<p><b>15</b></p> <p>9 AM <b>Worship, S</b> 10:30AM <b>El Sobrante Stroll, (off-site)</b></p>	<p><b>16</b></p>	<p><b>17</b></p> <p>10 AM Painting Group, R1 4 PM <b>Faith Exploration</b> 6 PM Yoga, R1</p>	<p><b>18</b></p> <p>10 AM <b>Bible Study, R1</b> 11:30 AM <b>Motion Class, KH 1</b> <b>PM Crafty Ladies, R1</b> 7 PM AI Anon, FR</p>	<p><b>19</b></p> <p>6 PM Yoga, R1 7:30 PM <b>Photo Club, R1</b></p>	<p><b>20</b></p> <p>10:30 <b>GRIP (off site)</b> 11 AM <b>Motion Class, KH</b> 6:30 PM EBARC Class, R1</p>	<p><b>21</b></p>
<p><b>22</b></p> <p>10 AM <b>Worship, S</b> 11:30AM <b>Fellowship</b></p>	<p><b>23</b></p> <p>6:30 PM CS Pack 134, KH, FR, R1</p>	<p><b>24</b></p> <p>10 AM Painting Group, R1 4 PM <b>Faith Exploration</b> 6 PM Yoga, R1</p>	<p><b>25</b></p> <p>10 AM <b>Bible Study, R1</b> 11:30 AM <b>Motion Class, KH 1</b> <b>PM Crafty Ladies, R1</b> 7 PM AI Anon, FR 7 PM Alateen, R1</p>	<p><b>26</b></p> <p>6 PM Yoga, R1</p>	<p><b>27</b></p> <p>11 AM <b>Motion Class, KH</b> 6:30 PM EBARC Class, R1</p>	<p><b>28</b></p>
<p><b>29</b></p> <p>10 AM <b>Worship, S</b> 11:30AM <b>Fellowship</b></p>	<p><b>30</b></p>					

**September 2019  
Calendar**

**Prayer Concerns** Carl Just, Judy Buhlis, Robert Johnson (former colleague of Karen Jarrell), The family of Helen Holzinger (Joan's mother), the family of Clinton Pierce (the father of Sabrina Looney), the family of John Cecil Looney (father of David Looney), Annette Allan (Noel Stout's sister), the family of Parker Walker, Earl Carlston (Judith Scarborough's brother), Ron Driskell (Karen Jarrell's colleague), Gary Dwiggin, Hailie James, Joan Landis and family, family of Maxine Hilburn, family of Betty Staley, family of Bob Parker, family of Valerie Kleinfeld, Frank Kafer's sister and brother-in-law Karen Kafer Kearsley and Cliff Kearsley, family of Sam Emmanuele, Lee Hunt, Marge Dean, Leota Merrithew, family of Teresa Morin Stanton (friend of Lee Hunt), Sherry Banks, Victor Nozzolillo, the Fleming family (Darlene, Steve, Denise Roby, & Michael), Laureen Kelly and Linda Goodman (nieces of Darlene), Gary Spearie (Paula Hammond's brother), those who continue to be impacted by natural disasters.

# Wayfarer

September 2019 issue

El Sobrante United Methodist Church  
670 Appian Way, El Sobrante, CA 94803



## ADDRESS SERVICE REQUESTED

Resident Bishop, Minerva Carcaño  
District Superintendent, Schuyler Rhodes  
Pastor, Mark A. Zier  
Director of Music, Eileen M. Johnson  
Lay Minister, Jacqueline Corl-Seidel  
Lay Minister, Charlene Kafer  
Treasurer, Marilyn Lomelino  
Office, Erika Cortez

### Find ESUMC online

[www.esumconline.org](http://www.esumconline.org)  
Facebook, search for "El Sobrante United Methodist Church"